

CONNELY DINING HALL BREAKFAST MENU

	January 24	January 25	January 26	January 27	January 28	January 29	January 30
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAKFAST	Waffles (V)	Buttermilk Pancakes (V)	Cinnamon Swirl French Toast (V)	Bacon, Egg, & Cheese on Knot Roll	Buttermilk Pancakes (V)	Closed	Closed
	Scrambled Eggs (V, GF)	Blueberry Pancakes (V)	Scrambled Eggs (V, GF)	Scrambled Eggs (V, GF)	Scrambled Eggs (V, GF)		
	Home Fries (V, VG, GF)	Scrambled Eggs (V, GF)	Home Fries (V, VG, GF)	Potatoes O'Brien (V, VG, GF)	Hash Browns (V, VG, GF)		
	Hash Brown Patties (V)	Hash Browns (V, VG, GF)	Hash Brown Patties (V)	Potato Pancakes	Tator Tots (V)		
	Breakfast Sausage (GF)	Hash Brown Triangles (V, VG, GF)	Breakfast Sausage (GF)	Breakfast Sausage (GF)	Breakfast Sausage (GF)		
	Bacon (GF)	Breakfast Sausage (GF)	Bacon (GF)	Bacon (GF)	Bacon (GF)		
	Eggs To Order	Bacon (GF)	Eggs To Order	Eggs To Order	Eggs To Order		
	Belgium Waffles	Eggs To Order	Belgium Waffles	Belgium Waffles	Belgium Waffles		
	Oatmeal / Grits (V, GF)	Belgium Waffles	Oatmeal / Grits (V, GF)	Oatmeal / Grits (V, GF)	Oatmeal / Grits (V, GF)		
	Turkey Sausage (GF)	Oatmeal / Grits (V, GF)	Turkey Sausage (GF)	Turkey Sausage (GF)	Turkey Sausage (GF)		
	Turkey Bacon (GF)	Turkey Sausage (GF)	Turkey Bacon (GF)	Turkey Bacon (GF)	Turkey Bacon (GF)		
		Turkey Bacon (GF)					

CONNELY DINING HALL LUNCH MENU

	January 24	January 25	January 26	January 27	January 28	January 29	January 30
PIZ	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza
	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special
PASTA BAR							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce
	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)
	Garlic Butter Seafood Linguini (S)	Penne Pasta with Bacon Cream Sauce	Ziti Pomodoro Sauce (V)	Capellini Alfredo with Calamari	Cavatappi with Meatballs & Sausage	Chef's Selection	Chef's Selection
Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	
VEGGIE							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Vegan Tacos (V,VG,GF)	Mega Burrito	Sweet N Sour Tofu (V)	Crispy Broccoli Fritters (V)	Baked Potato Bar (V)	Eggs To Order	Eggs To Order

CONNELY DINING HALL DINNER MENU

	January 24	January 25	January 26	January 27	January 28	January 29	January 30
PIZ	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza
	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special
PASTA BAR							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce
	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)
	Garlic Butter Seafood Linguini (S)	Penne Pasta with Bacon Cream Sauce	Ziti Pomodoro Sauce (V)	Capellini Alfredo with Calamari	Cavatappi with Meatballs & Sausage	Chef's Selection	Chef's Selection
Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	
VEGGIE							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Sweet potato Black Bean Tostada (V, VG, GF)	Hummus & Vegetable Quesadilla (V)	Quinoa Stuffed Red peppers (V, VG, GF)	Mushroom Corn Poblano Tacos (V-VG-GF)	Grilled Vegetables & Cous Cous (V)	Chef's Selection	Chef's Selection