

CONNELY DINING HALL LUNCH MENU

PIZZA :

January 17	January 18	January 19	January 20	January 21	January 22	January 23
Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza
Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza
Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special

PASTA BAR

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce
Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)
Tomato Basil Fettuccini Alfredo (V)	Seashell Parmesan Garlic (V)	Penne Pasta Vodka Sauce (V)	Shrimp Scampi Vermicelli (CS, V)	Gnocchi with Blush Sauce (V)	Chef's Selection	Chef's Selection
Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce

VGIE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Vegan Beef Tacos (V, VG, GF)	Seashell Parmesan Garlic Pasta (V)	Pastabilities (V)	Roasted Eggplant, Sliced Tomato, Cheese & Spinach Sandwich (V)	Black Bean & Corn Burrito (V)	Eggs To Order	Eggs To Order

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PIZ	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza
	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special
PASTA BAR							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce
	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)
	Tomato Basil Fettuccini Alfredo (V)	Seashell Parmesan Garlic (V)	Penne Pasta Vodka Sauce (V)	Shrimp Scampi Vermicelli (CS, V)	Gnocchi with Blush Sauce (V)	Chef's Selection	Chef's Selection
Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	Chef's Signature Sauce	
VGIE							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Breakfast For Dinner (V)	Four Cheese Pasta Bake (V)	Red Pepper Hummus Wrap (V, VG, GF)	Balsamic Portabella Mushrooms (V, VG, GF)	Roasted Chickpea Taco (V, VG, GF)	Salad Bar	Chef's Selection