

CONNELY DINING HALL LUNCH MENU

	November 22	November 23	November 24	November 25	November 26	November 27	November 28
PIZ	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza	Pepperoni & Sausage Pizza
PASTA BAR	Monday Alfredo Sauce Marinara Sauce (V) Garlic Butter Seafood Linguini (S)	Tuesday Alfredo Sauce Marinara Sauce (V) Penne Pasta with Bacon Cream Sauce	Wednesday Alfredo Sauce Marinara Sauce (V) Ziti Pomodoro Sauce (V)	Thursday Alfredo Sauce Marinara Sauce (V) Capellini Alfredo with Calamari	Friday Alfredo Sauce Marinara Sauce (V) Cavatappi with Meatballs & Sausage	Saturday Alfredo Sauce Marinara Sauce (V) Chef's Selection	Sunday Alfredo Sauce Marinara Sauce (V) Chef's Selection
VEGGIE	Monday Mega Burrito (V)	Tuesday Brown Rice Moroccan Vegetable Bowl (V, VG, GF)	Wednesday Sweet N Sour Tofu (V)	Thursday Crispy Broccoli Fritters (V)	Friday Baked Potato Bar (V)	Saturday Eggs To Order	Sunday Eggs To Order

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PASTA BAR							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce	Alfredo Sauce
	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)	Marinara Sauce (V)
Garlic Butter Seafood Linguini (S)	Penne Pasta with Bacon Cream Sauce	Ziti Pomodoro Sauce (V)	Capellini Alfredo with Calamari	Cavatappi with Meatballs & Sausage	Chef's Selection	Chef's Selection	
VEGGIE							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Sweet potato Black Bean Tostada (V, VG, GF)	Hummus & Vegetable Quesadilla (V)	Quinoa Stuffed Red peppers (V, VG, GF)	Mushroom Corn Poblano Tacos (V-VG-GF)	Grilled Vegetables & Cous Cous (V)	Chef's Selection	Chef's Selection