



From The Desk of Gretchen Walsh

Director

Gretchen Walsh

Assistant Director

Mary Jo O'Neill

Lead Instructional Advisors

Gina Flynn

Molly Pifer

Instructional Advisors

Meriah Duncan

Dorothy Power

Dave Curran

Judy Curran

Administrative Assistants

Meg Barrett

Carol Sisson

Spring Semester 2007 Dates to Remember

April 4

Transfer to Action
Meeting Groups 1 & 2

April 5 – 9

Easter Break

April 11

Transfer to Action
Meeting Groups 3 & 4

April 17

Adaptive Equipment Day

April 19

Priority Registration
Begins

May 3

Recognition Day

May 5 – 10

Final Exam Week

My message to all the ASC students is one of positive action. I want each and every one of you to view yourself as a highly successful student who is well-prepared and on task.

Picture yourself as reading coherently and smoothly; picture yourself as studying easily. See yourself as this person and act on it. Bring your binders to class, take notes and become engaged. **Believe, Act, and Become** the student that you visualize; end all "negative self talk." I know each and every one of you individually, and I know that you have great potential or you would not be a part of this program.

I can see that many of you are taking strides to reach your goals. For instance, our returning students who have been with us for more than a semester earned a 3.1 GPA. These students must maintain their momentum and our freshman must continue to push forward with their studies. **Believe, Act and Become** the person you visualize. Carry this message with you as you approach your final exams.

On May 3, we will celebrate your achievements with our Recognition Day. This is a time to honor faculty members who have been influential in your college studies and also to recognize you for your successes. Mark May 3rd at 4 p.m. in your planner and bring a family member or a guest to celebrate with you.

Thinking ahead, remember that you have priority registration. Please meet with your advisor and myself to plan out next year's schedule. Priority registration will begin on April 19 and you should definitely take advantage of this privilege.

Lastly, I encourage all of you to continue to read over the summer. In March, Mary Jo and I attended the International Dyslexia Convention. The theme of the workshop stressed the importance of reading, as it leads to increased fluency and vocabulary. So whether it is a novel, a newspaper or a magazine, READ and read frequently. The key to becoming a better reader is to read more. In fact, before the semester ends, you might want to talk with Dorothy, who is a Reading Specialist, for some additional tips.

Congratulations!

Katie has been helping out with the second grade Brownie Troop at St. Gregory the Great School, assisting the girls with their craft projects, participating in Troop discussions and helping to keep 12 active eight-year-olds busy and happy. Katie has been an invaluable addition to the Troop. She also made the Deans List for Fall 2006 semester! Congratulations!

Dan S. was recently featured on the front page of the local *Sun Messenger*. Dan and two friends drove around town during the St. Valentine's Day "blizzard," helping out stranded motorists. Way to go Dan!

Nick was named an NAIA All American Wrestler in the heavyweight division. Nick placed 8th at the NAIA National Tournament. He was also named this year's Most Valuable Wrestler by the Greater Cleveland Wrestling Coaches and Officials Association. Congratulations Nick!



From the Ohio Council of Teachers of Mathematics

Submitted by Judy Curran and Molly Pifer

Level 1

You have \$1.00 in your pocket made up of seven coins. What are the coins? (Hint: There may be more than one answer.)

Answer: \$.50, \$.25, and five \$.05

\$.50, four \$.10, and two \$.05

three \$.25, \$.10, and three \$.05

two \$.25 and five \$.10

Level 2

Find the largest integer less than 2,007 that is divisible by 2, 3, 4, 5, 6, and 7.

Answer: 1,680

Level 3

$$\sum_{k=0}^3 (k!) - \sum_{k=0}^3 k = (x-4)^2.$$

Solve for x.

Answer: x = 6 or x = 2

"Goals are dreams we convert to plans and take action to fulfill."

Zig Ziglar

Transfer to Action Group Winners for Attendance

Winners were awarded prizes from the grab bag and Girl Scout cookies.

Group I- Jared

Group II- Katie

Group III- Melissa

Group IV- Brent

Fabulous year-end

prizes await those with the best attendance!

From the Desk of Mary Jo O'Neill

Want to learn how to take control of your own education and your future? Recordings for the Blind and Dyslexic will enable you to learn through listening. RFB&D services individuals who have Dyslexia and/or other learning disabilities. Listening to your textbook while following along with the print or simply listening to the audio book often improves your comprehension; so you are able to keep up with your curriculum. More importantly, you have the power to take control of all your assignments and enhance your college education.

For more information regarding RFB&D log on to: www.rfb.org.

Read, Think, Write

By Gina Flynn

The first step to writing any paper is reading the material pertaining to the paper's topic. This does not mean skimming over, but actually reading and absorbing the information. Many times, this requires reading the material more than once. You cannot write an in-depth evaluation on something you do not understand or have not read. The second step is to think critically about what you have read and come up with your thoughts and ideas concerning the material. You need to develop your thoughts on the subject so you can accomplish the third and final step: writing.

Remember: Read, Think, Write!!

A Habit of Mind: Thoughts on Critical Thinking

By Meriah Duncan

Do you know the human mind is more apt to respond to problems in an undisciplined, impulsive, and non-reflective way? You may have experienced the resulting negative consequences of this type of thinking. The good news is that you can train yourself to face the problems and decisions in your life with a critical eye. Becoming a highly skilled critical thinker will enable you to tackle any subject in college. Apply the following problem-solving strategy to your course work.

1. Begin with a clear question directly related to the problem.
2. Gather relevant and accurate information related to the problem.
3. Interpret the information.
4. Consider all logical solutions before arriving at a solution.

Developing a critical habit of mind requires discipline and commitment. If you apply this problem-solving strategy, you will make better decisions and respond to problems more positively.

Examine Your Conscience

By Dorothy Power

Am I following my syllabi and completing any assignments well and on time?

When I hit a stumbling block, do I ask for assistance from the instructor or ASC staff person/or a peer?

Are my physical needs being met?

- Enough sleep
- Well-balanced diet
- Adequate exercise
- Necessary accommodations for illness
- Sufficient recreational activities

In times of stress and anxiety, do I stop and take a short break?

- Listen to a favorite CD
- Breathe deeply 5-10 times
- Have a snack
- Take a short walk
- Watch T.V. or play a video game

Am I attempting to do my very best and do I portray a positive attitude?

Do I ever pause to reflect and be grateful for the opportunities given me as a college student?

When did I last say thank you to someone for something?