

Black History Month Presentation

The History of Afrocentric Psychology: The importance of understanding ourselves from an African cosmology

PRESENTED BY: DR. PAULA MICKENS – ENGLISH

THURSDAY, FEBRUARY 19th.
FROM 2:00 PM – 3:30 PM
LAST ½ HOUR Q & A
IN THE GREAT ROOM



SYNOPSIS OF PRESENTATION

This presentation will give an introduction to the history, basic concepts and theories in the area of Afrocentric psychology. I will discuss the African origins of psychology, define and describe Afrocentric worldview, with specific attention given to issues of mental health, racism and psychological empowerment.

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THE BLACK SCHOLAR'S
& PSYCHOLOGY CLUB

Dr. Mickens-English received her undergraduate and master's degrees from Case Western Reserve University and her doctorate from Kent State University. She has a MSSA in social work and is a licensed independent social worker and a Ph.D in Counseling Psychology and is a licensed psychologist. She has been working for 30 years in the mental health field as a social worker and a psychologist. She has worked in university counseling centers at Kent State, Baldwin Wallace and The University of Akron. She currently works as a psychologist in the Counseling Center at Cleveland State University, and has taught classes in social work and psychology at the university. She also maintains a small private practice where she practices Afrocentric/Holistic psychotherapy in Cleveland Heights and runs an Afrocentric/Holistic support and psycho-education group for African-American women.